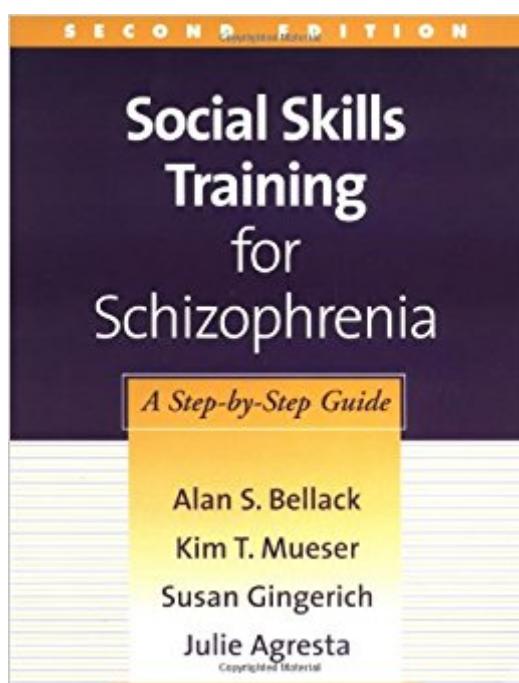


The book was found

Social Skills Training For Schizophrenia, Second Edition: A Step-by-Step Guide (TREATMENT MANUALS FOR PRACTITIONERS)



Synopsis

In a large-size format for easy photocopying, this manual presents an empirically tested format and ready-made curricula for skills training groups in a range of settings. Part I takes therapists and counselors step by step through assessing clients' existing skills, teaching new skills, and managing common treatment challenges. Part II comprises over 60 skill sheets. Each sheet--essentially a complete lesson plan--explains the rationale for the skill at hand, breaks it down into smaller steps, suggests role-play scenarios, and highlights special considerations. Appendices include reproducible client handouts and assessment tools; purchasers get access to a Web page where they can download and print these materials for repeated use.

Book Information

Series: TREATMENT MANUALS FOR PRACTITIONERS

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Customer Reviews

This is the book the reader is seeking if they are developing, maintaining or teaching a day treatment program for chronically, severely mentally ill persons. While the title specifically mentions schizophrenia the target population for social skills training will also include 'consumers' who have other severe mental illness or social deprivation which has caused their regression. Thus it is appropriate for persons who are training 'consumers' who suffer from chronic depression, organic brain syndromes, anxiety disorders, moderate to severe dementia and other illnesses. This book appears to be written with the realization that teachers in adult day programs for the mentally ill will not necessarily possess advanced degrees and their supervisors may have degrees in another area

of expertise. It remains very readable, has very little psychobabble nor fluff. The format is one which provides quickly learned and well structured lessons for the consumers. More importantly for today's treatment climate, it is laid out to guide the reader toward better ability to document lesson plans and individual progress notes in a way which is easy for supervisory site visitors to follow. This is a vital point for programs which are licensed by state departments of mental health. For readers who have 'consumers' with significant impediment to learning social skills because of anxieties or personality disorders I'd recommend the reader evaluate a text which can familiarize them with DBT. Some of these are:*

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